

11-Day Cultural and Culinary Portugal Journey

11 days · 10 stops · 2026-08-24

This **11-day solo journey through Portugal** is perfectly tailored for you, blending **deep cultural immersion**, **historical exploration**, and **gluten-free culinary delights** with the convenience of **train travel** and an extra day to savor Lisbon's vibrant charm. From the majestic monasteries and scenic coastal towns to the relaxing e-bike tours and sunset cruises, every moment promises to enrich your soul and palate in a stress-free, car-free adventure.

Denver → Lisbon → Cascais → Óbidos → Nazaré → Lagos → Aveiro → Monsaraz → Porto → Denver

Denver, USA

DAY 1–1

Lisbon, Portugal

DAY 1–4

Lisbon is a vibrant city known for its rich history, stunning architecture, and delicious cuisine. Your extended stay allows you to deeply explore iconic historical sites like the Jerónimos Monastery and São Vicente de Fora Monastery, while enjoying gluten-free food and wine walking tours that highlight the city's culinary delights. The city's mild October weather and excellent train connections m

ARRIVE · FLIGHT

DEN → LIS

12h 31m · 1 stop

\$447.96

TRANSFER

Lisbon: Private Transfer from Humberto Delgado Airport

Travel time: 1h

\$34.00

STAY

LX Arch Hotel

Rua Augusta 100, 1100-053 Lisbon

ITINERARY

Day 1 · Arrival and Relaxing Evening in Lisbon · 1 experiences: The Food Temple
Day 2 · Historic Monasteries and Foodie Walking Tour · 3 experiences: Jerónimos Monastery, Monument to the Discoveries (Padrão dos Descobrimentos), Lisbon: Food and Wine Small Group Walking Tour
Day 3 · Alfama District and Iconic Lisbon Sights · 7 experiences: Alfama, São Vicente de Fora Monastery, National Pantheon (Panteão Nacional), Miradouro das Portas do Sol, Miradouro Sao Pedro de Alcantara, Commerce Square (Praça do Comércio), Pois Café
Day 4 · Leisurely Morning and Train to Cascais · 3 experiences: Carmo Convent (Carmo Archaeological Museum), Chiado, Copenhagen Coffee Lab

Cascais, Portugal

DAY 4–6

Cascais is a charming coastal town just a short train ride from Lisbon, known for its stunning seaside views, beautiful beaches, and delicious local cuisine. It's perfect for a relaxing day trip or a peaceful overnight stay, offering a blend of scenic beauty and authentic Portuguese culture. The town also serves as a great base for your e-bike tour from the Sintra Mountains to the Cascais Sea, add

ARRIVE · TRAIN

Lisbon → Cascais

30m

STAY

The Salty Pearl - Charming Beach Retreat in Cascais

Rua José Florindo 523 2º dto, 2750-401 Cascais

ITINERARY

Day 4 · Arrival and Relaxed Exploration in Cascais · 3 experiences: Praia da Conceição, Marechal Carmona Park (Gandarinha Park), House of Wonders

Day 5 · E-bike Adventure and Cultural Sights · 3 experiences: Lisbon: E-bike Trip from the Sintra Mountains to Cascais Sea, Museu Condes de Castro Guimarães, Santini Cascais

Day 6 · Leisurely Morning and Departure to Óbidos · 2 experiences: Boca do Inferno, Vila Market

Óbidos, Portugal

DAY 6–6

Óbidos is a charming medieval town known for its well-preserved castle walls and cobblestone streets, offering a truly authentic Portuguese experience. It's a perfect spot to enjoy scenic views, wander through historic architecture, and savor local cuisine in cozy taverns. The town's intimate atmosphere makes it ideal for a peaceful day trip or overnight stay during your cultural and culinary jour

ARRIVE · TRAIN

Cascais → Óbidos

2h

ITINERARY

Day 6 · Transit to Óbidos and onward to Nazaré

Nazaré, Portugal

DAY 6–7

Nazaré is a charming coastal town famous for its stunning Atlantic Ocean views and giant waves, making it a unique spot for scenic beauty. It offers a relaxed atmosphere with traditional Portuguese culture and delicious local seafood cuisine, perfect for your focus on scenic coastal towns and local flavors. The town's historic sites and picturesque streets provide a peaceful yet culturally rich ex

ARRIVE · TRAIN

Óbidos → Nazaré

1h 30m

STAY

WEAA Hotel

Rua Dr. Ruy Rosa 4, 2450-209 Nazaré · 8.0

ITINERARY

Day 6 · Explore Nazaré's Coastal Charm and History · 2 experiences: Nazaré, A Tasquinha

Day 7 · Relax and Prepare for Departure

Lagos, Portugal

DAY 7–9

Lagos is a charming coastal town in the Algarve region, known for its stunning scenic beaches, dramatic cliffs, and relaxing atmosphere. It offers a perfect blend of local cuisine, especially fresh seafood, and rich history with its old town walls and forts. Lagos is ideal for enjoying sunset boat trips and soaking in the natural beauty of southern Portugal.

ARRIVE · TRAIN

Nazaré → Lagos

5h

STAY

Lagos Avenida Hotel

Avenida dos Descobrimentos, 8600-544 Lagos · 9.0

ITINERARY

Day 7 · Arrival and Relaxation in Lagos · 1 experiences: Restaurante dos Artistas

Day 8 · Explore Ponta da Piedade and Local Flavors · 3 experiences: Ponta da Piedade, Goji Lounge Café, O Camilo

Day 9 · Departure Day from Lagos · 1 experiences: Pastelaria Gombá

Aveiro, Portugal

DAY 9–10

Aveiro is a charming coastal town known as the "Venice of Portugal" due to its picturesque canals and colorful moliceiro boats. It's a perfect spot to enjoy scenic views, indulge in delicious local cuisine, and experience a relaxed atmosphere away from the hustle and bustle. The town's unique blend of traditional charm and coastal beauty makes it a delightful stop on your Portuguese journey.

ARRIVE · TRAIN

Lagos → Aveiro

4h 30m

STAY

MS Collection Aveiro - Palacete Valdemouro

50 Rua José Estevão, 3800-201 Aveiro · 9.5

ITINERARY

Day 9 · Arrival and Relaxing Evening in Aveiro · 2 experiences: Aveiro, O Bairro

Day 10 · Departure Day in Aveiro · 1 experiences: Padaria do Bairro

Monsaraz, Portugal

DAY 10–11

Monsaraz is a charming medieval village perched on a hilltop, offering breathtaking panoramic views of the Alentejo plains and the Alqueva Lake. It's a perfect spot for those seeking scenic beauty and a peaceful atmosphere, with narrow cobblestone streets and historic architecture that transport you back in time. The village is also known for its local cuisine, which complements your culinary inte

ARRIVE · TRAIN

Aveiro → Monsaraz

3h 30m

STAY

Hotel Horta da Moura

M514, 7200-999 Monsaraz · 10.0

ITINERARY

Day 10 · Arrival and Relaxation in Monsaraz · 1 experiences: Restaurante Sabores de Monsaraz

Day 11 · Departure Day from Monsaraz

Porto, Portugal

DAY 11–12

Porto is a captivating city known for its historic charm, stunning riverside views, and world-famous port wine cellars. As a solo traveler interested in culture and food, you'll love exploring its medieval architecture, vibrant culinary scene, and

scenic Douro River cruises. The city's blend of old-world ambiance and modern vibrancy makes it a perfect stop on your Portuguese journey.

ARRIVE · TRAIN

Monsaraz → Porto

5h 30m

STAY

ABC Hotel Porto - Campanhã

R. de Pinto Bessa 520 528, 4300-428 Porto

ITINERARY

Day 11 · Arrival and Evening Stroll in Porto · 3 experiences: Ribeira, Dom Luis Bridge (Ponte de Dom Luis I), Casa d'Oro

Day 12 · Historic Porto Highlights and Departure · 4 experiences: Clérigos Church and Tower (Torre & Igreja dos Clérigos), Palace of the Stock Exchange (Palácio da Bolsa), Avenida dos Aliados, Sao Bento Railway Station (Porto São Bento)

Denver, USA

DAY 12–12

ARRIVE · FLIGHT

OPO → DEN

16h 49m · 2 stops

\$557.71