

10-Day Spiritual & Cherry Blossom Japan

10 days · 5 stops · 2026-08-24

Boston → Tokyo → Kyoto → Nara → Boston

Boston, USA

DAY 1–1

Tokyo, Japan

DAY 1–5

Tokyo, Japan, is a vibrant metropolis where ancient temples and shrines blend seamlessly with modern culture, offering a unique spiritual and cultural experience. During cherry blossom season, the city is adorned with beautiful sakura blooms, perfect for reflective walks and cultural exploration. Tokyo's rich history and contemporary energy make it an ideal destination for a spiritual journey with

ARRIVE · FLIGHT

BOS → HND

Boston → Tokyo · 16h 50m · 1 stop

\$1,504.38

STAY

Hotel Yaenomidori Tokyo

104-0032, 2-13-1,Hacchobori chuo-ku,Tokyo

ITINERARY

- Day 1 · Arrival and Rest at Hotel
- Day 2 · Spiritual Walk in Asakusa · 3 experiences: Tokyo: Asakusa Temple & Shrine Walking Tour with Local Guide, Ueno Park (Ueno Koen), Sometaro
- Day 3 · Zen Meditation and Tea Ceremony · 4 experiences: Tokyo: Zen Meditation at a Private Temple with a Monk, Meiji Shrine (Meiji Jingu), Tokyo: Traditional Tea Ceremony with a Tea Master, Naritaya
- Day 4 · Shinto Culture and Gardens · 3 experiences: Tokyo: Meiji Jingu Shrine and Shinto Culture Walking Tour, Rikugien Garden, Izakaya Uoshin
- Day 5 · Packing and Departure to Kyoto

Kyoto, Japan

DAY 5–9

Kyoto, Japan, is the heart of traditional Japanese culture, famous for its stunning cherry blossom spots, ancient temples, and serene gardens. It's a perfect destination for a spiritual journey with visits to historic shrines and Zen Buddhist temples. The city's peaceful atmosphere and rich heritage make it ideal for deep cultural immersion and reflection.

ARRIVE · FLIGHT

HND → ITM

Tokyo → Kyoto · 24m · Direct

\$86.18

STAY

CaesarGion

6050811, 1F-11,CaesarGion · 9.4

ITINERARY

Day 5 · Arrival and Evening Stroll in Gion · 1 experiences: Gion: Night Owl Walking Tour
Day 6 · Zen Meditation and Historic Temples · 3 experiences: Kyoto: Zen Experience in a Hidden Temple, Kamigamo Shrine, Pontocho Alley
Day 7 · UNESCO Heritage and Cultural Highlights · 1 experiences: Kyoto: Full-Day Best UNESCO and Historical Sites Bus Tour
Day 8 · Arashiyama Nature and Temple Walk · 5 experiences: Arashiyama Park, Tenryu-ji Temple, Togetsu-kyo Bridge, Sagano, Kyoto: Tea Ceremony in a Traditional Tea House in Kiyomizu
Day 9 · Final Spiritual Sites and Departure · 1 experiences: Ryoan-ji Temple & Garden

Nara, Japan

DAY 9–10

Nara is a treasure trove of ancient temples, serene gardens, and spiritual heritage that perfectly align with your interest in Japan's spiritual and cultural experiences. Famous for its peaceful atmosphere and historic sites like Todai-ji Temple and Nara Park with friendly deer, it offers a deeply immersive experience into Japan's past and traditions. Visiting Nara during cherry blossom season add

ARRIVE · TRAIN

Kyoto → Nara

1h

ITINERARY

Day 9 · Spiritual and Cultural Exploration in Nara · 1 experiences: Mellow Cafe
Day 10 · Relax and Prepare for Departure · 1 experiences: Cafe Wakakusa

Boston, USA

DAY 10–10

ARRIVE · FLIGHT

OSA → BOS

Nara → Boston · 18h 14m · 2 stops

\$1,674.68