

10-Day Puglia Culinary and Nature Retreat

10 days · 7 stops · 2026-08-24

Stockholm → Lecce → Nardò → Ceglie Messapica → Matera → Grottaglie → Stockholm

Stockholm, Sweden

DAY 1–1

Lecce, Italy

DAY 1–4

Lecce is a stunning city known for its baroque architecture and vibrant cultural scene. You can indulge in delicious local cuisine at various bib gourmand restaurants, and explore the nearby vineyards for some exquisite wine tasting. Plus, the beautiful beaches are just a short drive away, making it a perfect spot for a relaxing swim after a day of sightseeing.

ARRIVE · FLIGHT

ARN → BDS

6h 33m · 1 stop

\$177.86

STAY

B&b l'Orangerie D'epoque

Viale Francesco Lo Re 24, 73100 Lecce · 9.4

ITINERARY

- Day 1 · Arrival and Exploring Lecce
- Day 2 · Food and Culture in Lecce
- Day 3 · Wine and Relaxation
- Day 4 · Departure Day

Nardò, Italy

DAY 4–6

Nardò is a hidden gem in Puglia, known for its delicious local cuisine and charming historic center. You can explore beautiful beaches nearby for swimming and enjoy the surrounding nature with stunning landscapes. Don't miss the chance to visit local vineyards and indulge in some of the best food experiences the region has to offer!

ARRIVE · CAR

Lecce → Nardò

27m

STAY

B&B a Casa della Nonna Uccia

Via Padreterno, 73048 Nardò · 8.6

ITINERARY

- Day 4 · Arrival and Archaeological Tour
- Day 5 · Museum Visit and Beach Relaxation
- Day 6 · Leisurely Morning and Departure

Ceglie Messapica, Italy

DAY 6–8

Ceglie Messapica is a charming town known for its delicious local cuisine, featuring numerous Bib Gourmand restaurants that will delight your taste buds. The area is surrounded by beautiful vineyards and offers easy access to stunning beaches

for swimming, making it a perfect base for your Puglia adventure. Don't miss exploring the picturesque countryside and the rich history of this enchanting de

ARRIVE · CAR

Nardò → Ceglie Messapica
1h 19m

STAY

Hotel Madonna Delle Grazie
Via Fedele Grande Contrada Pisciacalze, 72013 Ceglie Messapica · 8.6

ITINERARY

Day 6 · Exploring Ceglie Messapica

Day 7 · Cultural and Culinary Delights

Day 8 · Farewell Ceglie Messapica

Matera, Italy

DAY 8–10

Matera is a breathtaking destination known for its ancient cave dwellings and stunning rock formations. Explore the Sassi di Matera, a UNESCO World Heritage site, where you can indulge in delicious local cuisine and visit charming vineyards nearby. With its unique blend of history and natural beauty, Matera offers a perfect backdrop for your Italian adventure.

ARRIVE · CAR

Ceglie Messapica → Matera
1h 34m

STAY

La Residenza del Monaco bianco
Via lucana 200, 75100 Matera · 9.0

ITINERARY

Day 8 · Exploring Matera's Sassi

Day 9 · Culinary Delights and Culture

Day 10 · Nature and Departure

Grottaglie, Italy

DAY 10–11

Grottaglie is a charming town known for its ceramics and artisanal crafts, making it a perfect stop for those interested in local culture. You can explore the historic center and enjoy delicious local cuisine at nearby bib gourmand restaurants. Plus, its proximity to the coast allows for easy access to beautiful beaches for swimming and relaxation.

ARRIVE · CAR

Matera → Grottaglie
1h 16m

STAY

B&B miccoli
Via Armando Diaz 4, 74023 Grottaglie · 8.4

ITINERARY

Day 10 · Exploring Grottaglie's Ceramics and Cuisine

Day 11 · Beach Relaxation and Wine Tasting

Stockholm, Sweden

DAY 11–11

ARRIVE · FLIGHT

BRI → ARN

4h 38m · 1 stop

\$240.74
