

10-Day Puglia and Matera Food & Culture Journey

10 days · 10 stops · 2026-08-24

Embark on a **10-day immersive journey through Puglia and Matera**, where **rich cultural heritage, stunning landscapes, and authentic culinary experiences** await. From the vibrant streets of Bari and the breathtaking cliffs of Polignano a Mare to the rustic charm of Ostuni's olive groves and the Baroque splendor of Lecce, every day offers a new discovery. The trip culminates in Matera, exploring its ancient cave dwellings and indulging in a unique **mozzarella and cheese tasting with a local cheesemaker**. This family-friendly adventure blends history, nature, and gastronomy, promising unfor

London → Bari → Polignano a Mare → Monopoli → Polignano a Mare → Masseria Il Frantoio → Lecce → Matera → Bari → London

London, United Kingdom

DAY 1–1

Bari, Italy

DAY 1–2

Bari, the vibrant capital of Puglia, is renowned for its rich cultural heritage, stunning old town, and delicious local cuisine. It's a perfect blend of history and modern life, offering authentic Italian food and wine experiences that will delight your family. The city's charming streets and seaside views make it an ideal spot to immerse yourself in the heart of southern Italy.

ARRIVE · FLIGHT

LHR → BRI

4h 19m · 1 stop

\$122.19

ITINERARY

Day 1 · Arrival and Evening Relaxation in Bari · 1 experiences: La Uascezze
Day 2 · Explore Bari Old Town and Travel to Polignano a Mare · 4 experiences: Bari: Street Food Walking Tour with a Local Guide, Swabian Castle (Castello Svevo), St. Nicholas Basilica, Caffè Vergnano 1882

Polignano a Mare, Italy

DAY 2–4

Polignano a Mare is a stunning coastal town famous for its dramatic cliffs and crystal-clear waters, perfect for a relaxing break. The town offers charming old streets, delicious seafood, and breathtaking sea views, making it a highlight of your Puglia trip. It's an ideal spot to enjoy authentic Italian culture and cuisine by the Adriatic Sea.

ARRIVE · CAR

Bari → Polignano a Mare

39m

STAY

VILLA BY THE SEA - Accesso Privato al Mare

Contrada tufara, NC, 70044 Polignano a Mare

ITINERARY

Day 2 · Arrival and Explore Polignano a Mare · 2 experiences: Historic Center of Polignano a Mare, Ristorante Grotta Palazzese
Day 3 · Boat Tour and Relaxation · 2 experiences: Polignano a Mare: Boat Trip, Swim & Cave with Aperitif, Pescaria
Day 4 · Day Trip to Monopoli

Monopoli, Italy

DAY 4–4

Monopoli is a charming coastal town in Puglia, known for its beautiful historic old town, picturesque harbor, and delicious seafood cuisine. It's a perfect spot to enjoy authentic Italian culture and relax by the Adriatic Sea. The town offers a blend of cultural experiences and stunning seaside views, making it a delightful stop on your Puglia itinerary.

ARRIVE · CAR

Polignano a Mare → Monopoli

15m

ITINERARY

Day 4 · Explore Monopoli's Historic Charm and Wildlife · 3 experiences: Zoosafari Fasanolandia, Osteria Perricci, Caffè del Porto

Polignano a Mare, Italy

DAY 4–4

ARRIVE · CAR

Monopoli → Polignano a Mare

12m

ITINERARY

Day 4 · Day Trip to Monopoli from Polignano a Mare · 2 experiences: Osteria Perricci, Caffè del Porto

Masseria Il Frantoio, Ostuni, Italy

DAY 4–6

Masseria Il Frantoio in Ostuni is a charming traditional farmhouse set amidst the stunning olive groves of Puglia. It offers an authentic experience of the region's rich agricultural heritage, with opportunities to taste exquisite local olive oils and enjoy the serene countryside. This destination perfectly complements your focus on food, wine, and cultural experiences, providing a peaceful retrea

ARRIVE · CAR

Polignano a Mare → Masseria Il Frantoio

30m

STAY

Masseria Il Frantoio

S.S. 16 Km 874, 72017 Ostuni · 9.2

ITINERARY

Day 4 · Arrival and Relaxation at Masseria Il Frantoio
Day 5 · Olive Grove Exploration and Cooking Class · 1 experiences: Osteria Piazzetta Cattedrale
Day 6 · Leisurely Morning and Departure to Lecce

Lecce, Italy

DAY 6–8

Lecce, often called the "Florence of the South," is renowned for its stunning Baroque architecture and vibrant cultural scene. Exploring Lecce offers a unique blend of historical landmarks, exquisite local cuisine, and lively piazzas that perfectly capture the essence of Puglia. It's an ideal destination to immerse yourself in authentic Italian charm and culinary delights before concluding your jo

ARRIVE · CAR

Masseria Il Frantoio → Lecce

56m

STAY

Torre Del Parco

Viale Torre Del Parco, 1, 73100 Lecce · 9.2

ITINERARY

Day 6 · Arrival and Historic Center Exploration · 3 experiences: Porta Napoli, Lecce Roman Amphitheatre (Anfiteatro Romano di Lecce), Le Zie Trattoria

Day 7 · Cooking Class and Wine Tasting Experience · 3 experiences: Private Cooking Class in Lecce (Corigliano): Handmade pasta, Faggiano Museum, Osteria degli Spiriti

Day 8 · Cathedral Visit and Departure to Matera · 3 experiences: Lecce Cathedral (Duomo di Lecce), Church of Saint Irene, Caffè Alvino

Matera, Italy

DAY 8–10

Matera is famous for its ancient cave dwellings known as the Sassi di Matera, a UNESCO World Heritage site that offers a unique glimpse into prehistoric urban life. The city is also renowned for its authentic culinary experiences, including the Mozzarella and Cheese tasting with a Cheesemaker that you have planned, making it a perfect blend of culture and gastronomy. Exploring Matera provides a me

ARRIVE · CAR

Lecce → Matera

2h

STAY

Animæ Caveoso Suite

Via Purgatorio Vecchio, 14, 75100 Matera · 10.0

ITINERARY

Day 8 · Arrival and Explore Sassi di Matera · 3 experiences: Sassi di Matera, Madonna delle Virtù Church, Osteria Al Casale

Day 9 · Mozzarella Tasting and Murgia National Park · 3 experiences: Matera: Mozzarella and Cheese tasting with a Cheesemaker, Murgia National Park (Parco della Murgia Materana), Baccanti

Day 10 · Departure to Bari Airport

Bari, Italy

DAY 10–11

Bari, the vibrant capital of Puglia, is known for its rich cultural heritage, stunning old town, and delicious local cuisine. It's a perfect spot to explore authentic Italian food and wine experiences, making it a highlight of your Puglia trip. The city's lively atmosphere and beautiful seaside views offer a memorable backdrop for your journey.

ARRIVE · CAR

Matera → Bari

53m

STAY

Milè

12 Via dei Mille, 70126 Bari · 9.2

ITINERARY

Day 10 · Arrival and Leisure in Bari · 2 experiences: Piazza del Ferrarese, La Uascezze

Day 11 · Departure Day in Bari · 2 experiences: Caffè Vergnano 1882, Bari Cruise Port (Terminal Crociere di Bari)

London, United Kingdom

DAY 11–11

ARRIVE · FLIGHT

BRI → LHR

4h 17m · 1 stop

\$93.27

TRANSFER

Heathrow Airport: Private Transfer to/from Central London

Travel time: 1h

\$47.10
