

10-Day Nordic & Amsterdam Food and Bike Tour

10 days · 5 stops · 2026-08-24

Embark on a thrilling 10-day adventure from Knoxville, Tennessee, exploring the vibrant cities of Stockholm, Copenhagen, and Amsterdam. This trip is packed with ****exciting bike and scooter tours****, ****delicious food experiences****, and lively nightlife, perfect for a fun and active father-son getaway. Discover stunning Nordic and Dutch culture, scenic waterways, and unforgettable culinary delights in the heart of Europe during the beautiful month of August.

Tennessee → Stockholm → Copenhagen → Amsterdam → Tennessee

Tennessee, USA

DAY 1–1

Stockholm, Sweden

DAY 1–4

Stockholm, the vibrant capital of Sweden, is a city of stunning archipelago views, historic charm, and modern Scandinavian design. Explore the cobblestone streets of Gamla Stan, enjoy the lively nightlife, and dive into the rich culture and museums. It's a perfect blend of urban excitement and natural beauty for a fun and memorable start to your trip.

ARRIVE · FLIGHT

BNA → ARN

14h 18m · 2 stops

\$1,019.66

STAY

Hotell Bromma

Gjuterivägen 10, SE-168 67 Stockholm · 7.2

ITINERARY

- Day 1 · Arrival and Relaxing Evening in Stockholm · 1 experiences: Urban Deli
- Day 2 · Explore Stockholm by Bike and Old Town Walk · 6 experiences: Stockholm's Best Bike Tour!, Pelikan, Stockholm Old Town (Gamla Stan), Stockholm Royal Palace (Kungliga Slottet), Stockholm Cathedral (Storkyrkan), Vete-Katten
- Day 3 · Kayaking and Museums on Djurgarden Island · 5 experiences: Stockholm: Self-Guided 1 or 2-Person Kayak Tour, Vasa Museum, Skansen Museum, Rosendals Trädgård, Djurgarden
- Day 4 · Packing and Departure Preparation · 2 experiences: Greasy Spoon, Kungsholmen

Copenhagen, Denmark

DAY 4–8

Copenhagen, the vibrant capital of Denmark, is known for its bicycle-friendly streets, historic Nyhavn harbor, and the iconic Tivoli Gardens amusement park. It's a city where modern design meets rich history, perfect for a fun and lively experience. Don't miss trying the famous Danish pastries and exploring the trendy neighborhoods like Vesterbro and Nørrebro.

ARRIVE · FLIGHT

ARN → CPH

1h 8m · Direct

\$78.54

STAY

Mekano Apartment Hotel

Sydhavnsgrade 40, 2450 Copenhagen · 8.8

ITINERARY

Day 4 · Arrival and Relaxing Evening in Copenhagen · 1 experiences: The Union Kitchen

Day 5 · City Highlights Bike Tour and Market Visit · 4 experiences: Copenhagen: 3-Hour City Highlights Bike Tour with Guide, Torvehallerne Market, Rosenborg Castle Gardens (Kongens Have), Restaurant Radio

Day 6 · Culinary Walking Tour and Nyhavn Exploration · 4 experiences: Copenhagen: Guided Culinary Walking Tour with Food Tastings, Nyhavn, The Coffee Collective, Høst

Day 7 · Explore Christiania and Evening Pub Crawl · 2 experiences: Freetown Christiania, Copenhagen: Guided Party Pub Crawl with 4 Shots and 1 Drink

Day 8 · Packing and Departure Preparation · 2 experiences: Mirabelle Bakery, City Hall Square (Rådhuspladsen)

Amsterdam, Netherlands

DAY 8–11

Amsterdam is a vibrant city famous for its picturesque canals, bicycle culture, and world-class food scene. Explore the city on bike or scooter to soak in the charming streets and lively neighborhoods, and indulge in delicious food tours that highlight Dutch and international flavors. It's the perfect destination for a fun, active, and tasty urban adventure.

ARRIVE · FLIGHT

CPH → AMS

27m · Direct

\$168.98

TRANSFER

Amsterdam: Private Schiphol Airport Transfer

Travel time: 45m

\$175.00

STAY

RELAXED LIVING No 02 Historic Oslo

Schweigaards gate 54A, 0188 Oslo · 7.0

ITINERARY

Day 8 · Arrival and Leisurely Evening in Amsterdam · 1 experiences: The Pancake Bakery

Day 9 · Bike Tour and Canal Exploration · 6 experiences: Herengracht, Emperor's Canal (Keizersgracht), Single Canal, Foodhallen, Rembrandt Square, Back to Black

Day 10 · Scooter Adventure and Foodie Walking Tour · 3 experiences: Montelbaanstoren, Mint Tower (Munttoren), De Kas

Day 11 · Packing and Departure Preparation · 2 experiences: Vinnies, Torensuis

Tennessee, USA

DAY 11–11

ARRIVE · FLIGHT

AMS → BNA

15h 8m · 2 stops

\$1,293.80