

10-Day Italian Ruins and Beaches Adventure

10 days · 8 stops · 2026-08-24

Embark on a thrilling 10-day solo adventure through Italy, where you'll immerse yourself in the **ancient ruins** of Rome and Pompeii, hike the breathtaking **Amalfi Coast Path of the Gods**, and unwind on the pristine **beaches of Sardinia**. Experience the perfect blend of history, culture, and natural beauty, all while indulging in authentic Italian gelato and delicious local cuisine. With a rental car for freedom and comfort, and carefully selected hotels for restful stays, this journey promises unforgettable moments and a deep connection to Italy's timeless charm.

Edmonton → Rome → Pompeii → Amalfi Coast → Sardinia → Florence → Rome → Edmonton

Edmonton, Canada

DAY 1–1

Rome, Italy

DAY 1–3

Rome, the heart of ancient civilization, offers an unparalleled adventure with its ancient ruins like the Colosseum and Roman Forum, and vibrant street life. Explore the historic sites by day and indulge in authentic gelato by night. The city's blend of history, culture, and cuisine makes it a must-visit on your Italian journey.

ARRIVE · FLIGHT

YEG → FCO

13h 40m · 1 stop

\$702.60

STAY

master Trevi

Via dei Maroniti 19, 00187, 00187 Rome · 9.8

ITINERARY

Day 1 · Arrival and Evening Stroll in Rome · 3 experiences: Trevi Fountain, Piazza Navona, Gelateria La Romana
Day 2 · Ancient Rome Exploration and Culinary Experience · 5 experiences: Colosseum, Roman Forum, Palatine Hill (Palatino), Rome: Fresh Pasta-Making Class with Wine and Gelato, Osteria da Fortunata
Day 3 · Vatican Highlights and Departure to Pompeii · 4 experiences: Vatican Museums, Sistine Chapel, St. Peter's Basilica, Pizzarium Bonci

Pompeii, Italy

DAY 3–4

Pompeii is a must-visit for any adventurer interested in ancient ruins and history. This ancient Roman city, famously preserved by the eruption of Mount Vesuvius, offers a unique glimpse into life nearly 2,000 years ago. Exploring the well-preserved streets, houses, and frescoes is like stepping back in time, making it an unforgettable experience for solo travelers seeking adventure and culture.

ARRIVE · CAR

Rome → Pompeii

2h 11m

STAY

Heaven Room

Via Cesina, n73, 80040 Striano · 9.5

ITINERARY

Day 3 · Explore Ancient Pompeii and Settle In · 1 experiences: Ristorante President
Day 4 · Discover More Ruins and Head to the Coast · 1 experiences: Gelateria Villa dei Misteri

Amalfi Coast, Italy

DAY 4–6

The Amalfi Coast is a stunning stretch of coastline in southern Italy known for its dramatic cliffs, crystal-clear beaches, and charming seaside villages. It's perfect for an adventurous traveler like you who wants to explore ancient ruins nearby, enjoy breathtaking coastal drives, and indulge in authentic Italian gelato. The region offers a unique blend of natural beauty, history, and vibrant loc

ARRIVE · CAR

Pompeii → Amalfi Coast

48m

STAY

D'Amalfi Hospitality

Piazza Duomo, 26, 84011 Amalfi · 9.4

ITINERARY

Day 4 · Arrival and Coastal Exploration · 2 experiences: Gelateria Pansa, Ristorante Marina Grande
Day 5 · Hiking the Path of the Gods · 1 experiences: Bar Francese
Day 6 · Relax and Departure

Sardinia, Italy

DAY 6–8

Sardinia is a stunning island in Italy known for its crystal-clear beaches, ancient ruins, and unique cultural heritage. It's perfect for an adventurous solo traveler like you who wants to explore pristine coastlines and historic sites. The island offers a blend of relaxing beach days and exciting archaeological explorations that will make your trip unforgettable.

ARRIVE · FLIGHT

NAP → OLB

1h 10m · Direct

\$40.49

STAY

Esclusiva villa nella natura vista mare e tramonti

25 Strada Vicinale Tres Montes, 07037 Marina di Sorso

ITINERARY

Day 6 · Arrival and Relaxation in Sardinia · 1 experiences: Ristorante Dal Corsaro
Day 7 · Explore Sardinia's Beaches and Coastal Beauty · 3 experiences: Caffè degli Artisti, Su Gologone, GelateriaArtigianaleLuca
Day 8 · Departure Day Preparation

Florence, Italy

DAY 8–10

Florence is the heart of the Italian Renaissance, bursting with ancient art, stunning architecture, and rich history. Wander through the Uffizi Gallery, marvel at the Duomo, and stroll along the Arno River. It's also a fantastic spot to indulge in authentic Tuscan cuisine and gelato while soaking in the vibrant local culture.

ARRIVE · FLIGHT

OLB → FLR

4h 45m · 1 stop

\$164.25

STAY

La casa di Emmy

Via degli Alfani, 86, 50121 Florence · 10.0

ITINERARY

Day 8 · Arrival and Evening Stroll in Florence · 1 experiences: Gelateria La Carraia

Day 9 · Florence Historic Gems and Culinary Delights · 5 experiences: Florence Duomo (Cattedrale di Santa Maria del Fiore), Giotto's Bell Tower (Campanile di Giotto), Uffizi Galleries (Gallerie degli Uffizi), Florence: Pasta & Tiramisu Cooking Class with Unlimited Wine, Trattoria Mario

Day 10 · Relaxed Morning and Departure Preparation · 2 experiences: Piazzale Michelangelo, Boboli Gardens (Giardino di Boboli)

Rome, Italy

DAY 10–11

Rome, the Eternal City, is a treasure trove of ancient ruins like the Colosseum and Roman Forum, perfect for your adventurous spirit. Wander through its historic streets, indulge in authentic Italian gelato, and soak up the vibrant atmosphere. Don't miss the chance to explore the Pantheon and toss a coin in the Trevi Fountain for good luck.

ARRIVE · CAR

Florence → Rome

2h 41m

STAY

Circle6 Rome

Via del Tritone, 68, 00187 Rome · 9.8

ITINERARY

Day 10 · Arrival and Evening Stroll in Rome · 3 experiences: Trastevere, Basilica of Santa Maria in Trastevere, Sant'Angelo Bridge (Ponte Sant'Angelo)

Day 11 · Historic Rome and Departure Preparation · 3 experiences: Circus Maximus, Piazza del Popolo, Orange Garden

Edmonton, Canada

DAY 11–11

ARRIVE · FLIGHT

FCO → YEG

13h 6m · 1 stop

\$588.77