

10-Day Budget Italian Coastal Adventure

10 days

6 cities

36 experiences

6 hotels

7 transports

Naples → Procida → Amalfi Coast → Paestum → Palinuro → Naples

Days 1–3 · Jun 16 – 18

Naples

Naples is a vibrant gateway to the stunning Amalfi Coast and nearby islands like Procida, perfect for your adventure with quiet villages, monastery visits, and scenic hikes. The city itself offers rich history and authentic Italian culture, setting the tone for your coastal exploration. Starting your trip here means easy access to train and ferry connections to remote, less crowded spots along the

Arrive · Jun 16

LIT → NAP

2 stops

Transfer · Day 1

Transfer from Naples to Positano

Travel time: 2h

Stay · Days 1–3 · Jun 16 – 18 · 2 nights

Appartamenti La Dimora di Parthenope Centro Storico

Via Miracoli, 72 Palazzina Intera, 80137 Naples · 8.6

Itinerary · Days 1–3

Day 1 · Jun 16 · 2 experiences

Arrival and Relaxing Evening in Naples

Piazza del Plebiscito · Trattoria da Nennella

Day 2 · Jun 17 · 6 experiences

Historic Center and Underground Naples Tour

Naples: Naples Underground Entry Ticket and Guided Tour · Sansevero Chapel (Museo Cappella Sansevero) · Pizzeria Sorbillo · Spanish Quarter (Quartieri Spagnoli) · Via Toledo · Caffè Gambrinus

Day 3 · Jun 18 · 2 experiences

Morning in Naples and Departure to Procida

Castel dell'Ovo · Gran Caffè Gambrinus

Days 3–5 · Jun 18 – 20

Procida

Procida is a charming and quiet island off the coast near Naples, perfect for your desire to explore remote villages and enjoy peaceful monastery vibes. It offers beautiful hiking trails and authentic local culture away from the crowds, making it an ideal

base for relaxation and adventure. The island's ferry connections make it easy to travel onward to the Amalfi Coast and other coastal gems.

Stay · Days 3–5 · Jun 18 – 20 · 2 nights

Casa Lusa

Via Regina Elena, 42, 80079 Procida

Itinerary · Days 3–5

Day 3 · Jun 18 · 2 experiences

Arrival and Relaxation in Procida

Procida · La Conchiglia

Day 4 · Jun 19 · 3 experiences

Boat Tour and Island Exploration

Procida: Boat Tour with Swimming Stops and Underwater Photos · Chiaiolella Beach · Il Postino

Day 5 · Jun 20 · 1 experiences

Morning Leisure and Departure to Amalfi Coast

Bar del Porto

Days 5–7 · Jun 20 – 22

Amalfi Coast

The Amalfi Coast is a stunning stretch of coastline in southern Italy known for its dramatic cliffs, charming remote villages, and breathtaking sea views. It's perfect for your trip with quiet villages to explore, scenic hiking trails, and historic monasteries that offer a peaceful retreat. Traveling by train and ferry here will immerse you in the authentic coastal vibe away from the crowds.

Arrive · boat · Jun 20

Procida → Amalfi Coast

Stay · Days 5–7 · Jun 20 – 22 · 2 nights

Agriturismo Zì Carmine

Via Fontana 59, 80051 Agerola · 9.1

Itinerary · Days 5–7

Day 5 · Jun 20 · 3 experiences

Arrival and Amalfi Coast Exploration

Church of Santa Maria Assunta · Marina di Praia · Ristorante Marina Grande

Day 6 · Jun 21 · 4 experiences

Hiking and Culinary Experience

Path of the Gods (Sentiero Degli Dei) · Villa Cimbrone Gardens · Sorrento: Farm Tour with Cheese Tasting & Pizza Making Class · Caffè Calce

Day 7 · Jun 22 · 1 experiences

Packing and Departure

Pasticceria Pansa

Days 7–8 · Jun 22 – 23

Paestum

Paestum is a captivating destination known for its ancient Greek temples and archaeological ruins, offering a unique blend of history and tranquility. It's a perfect stop for those seeking to explore monasteries and enjoy peaceful hikes in a less crowded setting. The surrounding countryside provides beautiful landscapes ideal for outdoor adventures and cultural immersion.

Arrive · train · Jun 22

Amalfi Coast → Paestum

Stay · Days 7–8 · Jun 22 – 23 · 1 night

La Casa Vacanza Dei Sogni

Via Del Bosco, 3, 84047 Paestum

Itinerary · Days 7–8

Day 7 · Jun 22 · 1 experiences

Arrival and Relaxation in Paestum

Ristorante Nettuno

Day 8 · Jun 23

Explore Ancient Ruins and Beach Relaxation

Days 8–10 · Jun 23 – 25

Palinuro

Palinuro is a stunning coastal village known for its pristine beaches, crystal-clear waters, and scenic hiking trails. It's a perfect spot for relaxing by the sea, exploring natural caves, and enjoying peaceful monastery visits away from the crowds. The village offers a charming blend of authentic Italian culture and breathtaking landscapes, ideal for your adventure and quiet village exploration.

Stay · Days 8–10 · Jun 23 – 25 · 2 nights

Sottocoperta Palinuro

Corso Carlo Pisacane, 143, 84051 Palinuro

Itinerary · Days 8–10

Day 8 · Jun 23 · 1 experiences

Arrival and Coastal Exploration in Palinuro

Ristorante Il Tuffo

Day 9 · Jun 24 · 1 experiences

Boat Tour and Sunset Aperitivo

La Lampara

Day 10 · Jun 25 · 1 experiences

Morning Hike and Departure

Bar del Porto

Days 10–11 · Jun 25 – 26

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Stay · Days 10–11 · Jun 25 – 26 · 1 night

Hotel Fiorentina

Corso Secondigliano 551 (Loc. Secondigliano), 80144 Naples · 7.8

Itinerary · Days 10–11

Day 10 · Jun 25 · 5 experiences

Arrival and Historic Exploration in Naples

Historic Center · Church of Sant'Anna dei Lombardi · Piazza del Gesù Nuovo · Via San Gregorio Armeno (Christmas Alley) · Pizzeria Sorbillo

Day 11 · Jun 26 · 3 experiences

Relax and Prepare for Departure

Naples Cathedral (Duomo di San Gennaro) · Galleria Umberto I · Gran Caffè Gambrinus

Depart · Day 11

NAP → LIT

2 stops