

14-Day Bhutan Cultural and Culinary Journey

14 days · 5 stops · 2026-08-24

Embark on a captivating 14-day solo journey through Bhutan, perfectly tailored for a cultural explorer and foodie like you. Experience the ****rich Bhutanese heritage****, from the iconic Tiger's Nest Monastery perched on a cliff to the serene Punakha Valley, while savoring authentic Bhutanese cuisine and immersing yourself in traditional festivals and local markets. This trip promises a harmonious blend of spirituality, breathtaking Himalayan landscapes, and warm Bhutanese hospitality, making it an unforgettable adventure.

Djibouti → Paro → Thimphu → Punakha → Djibouti

Djibouti

DAY 1–1

Paro, Bhutan

DAY 1–6

Paro, Bhutan, is a captivating destination known for its rich cultural heritage, stunning monasteries like the iconic Tiger's Nest, and breathtaking Himalayan landscapes. As a cultural explorer and foodie, you'll enjoy exploring traditional Bhutanese architecture, vibrant local markets, and savoring authentic Bhutanese cuisine. The serene environment and unique cultural experiences make Paro a per

ARRIVE · FLIGHT

JIB → KTM

12h 30m · 2 stops

\$776.45

STAY

Spirit of Bhutan resort

Spirit Of Bhutan Resort geptey, Paro, Paro 12002

ITINERARY

- Day 1 · Arrival and Evening Relaxation
- Day 2 · Explore Paro's Cultural Gems · 2 experiences: Paro-Ta Dzong: National Museum of Bhutan, Sonam Trophel Restaurant
- Day 3 · Hike to Tiger's Nest Monastery · 1 experiences: Mountain Cafe
- Day 4 · Paro Culture and Nature Tour · 2 experiences: Paro: Culture and Nature 4-Day Guided Tour, Bukhari Restaurant
- Day 5 · Leisure and Local Market Exploration · 1 experiences: Dewachen Restaurant
- Day 6 · Departure to Thimphu

Thimphu, Bhutan

DAY 6–11

Thimphu, the capital of Bhutan, is a captivating destination for a solo cultural explorer and foodie like you. Immerse yourself in the rich Bhutanese culture, visit ancient monasteries, and savor traditional Bhutanese cuisine. The city's serene atmosphere and stunning Himalayan backdrop make it a perfect place to explore Bhutan's unique heritage and flavors.

ARRIVE · CAR

Paro → Thimphu

52m

STAY

Zhiwaling Ascent

Thimphu-Punakha Highway, Thimphu 11001

ITINERARY

Day 6 · Arrival and Local Exploration in Thimphu · 3 experiences: Buddha Dordenma, Memorial Chorten, Ambient Cafe

Day 7 · Cultural Gems and Traditional Arts · 4 experiences: Tashichho Dzong, Folk Heritage Museum, Handicrafts Emporium, The Bhutanese

Day 8 · Spiritual Journey and Nature Walks · 2 experiences: Enchanting Bhutan: Spiritual Journey 4 Day Tour, Red Panda Restaurant

Day 9 · Traditional Markets and Local Flavors · 3 experiences: Thimphu Weekend Market, National Textile Museum, Simply Bhutan

Day 10 · Art and History Immersion · 3 experiences: National Library of Bhutan, Zorig Chusum School of Arts and Crafts, Ambient Cafe

Day 11 · Departure Preparation and Transfer to Punakha

Punakha, Bhutan

DAY 11–15

Punakha, nestled in the heart of Bhutan, is renowned for its stunning dzongs and rich cultural heritage, making it a must-visit for any cultural explorer. The Punakha Dzong, often called the "Palace of Great Happiness," is a breathtaking example of traditional Bhutanese architecture and offers deep insights into Bhutan's history and spirituality. As a foodie, you'll enjoy sampling local Bhutanese

ARRIVE · CAR

Thimphu → Punakha

4h 46m

STAY

Spirit Village Lodge

Dzomisa ,Punakha Dzomi, Punākha 12002 · 9.0

ITINERARY

Day 11 · Arrival and Relaxation at Spirit Village Lodge

Day 12 · Explore Punakha's Cultural Gems · 4 experiences: Punakha Dzong, Chimi Lhakhang Temple, Mountain Café, Sangchhen Dorji Lhuendrup Lhakhang Nunnery

Day 13 · Bhutanese Traditions and Scenic Walks · 3 experiences: Trip to Bhutan, Khamsum Yulley Namgyal Chorten, Bukhari Restaurant

Day 14 · Spiritual Journey and Local Flavors · 2 experiences: Nye Phuensum Temple, Dewachen Restaurant

Day 15 · Departure Day and Travel Preparation

Djibouti

DAY 15–15

ARRIVE · FLIGHT

PBH → JIB

36h 53m · 2 stops

\$1,059.68